



A University Teaching Trust

Leicestershire Recovery College

c/o The Bradgate Mental Health Unit Glenfield Hospital Groby Road Leicester LE3 9EJ

Tel: 0116 295 1196

TESTIMONIAL

Academy of Life

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To Whom It May Concern

Academy of Life have been working in partnership with the Recovery College since its launch in 2013.

We have found their input is making a positive change to our students, by delivering courses which give learners a range of skills and attitudes to aid recovery, independence, life planning, confidence and motivation. I can report of hearing the positivity and enthusiasm when students come out of their sessions. In feedback forms 93% of students strongly agreed that the courses helped them to manage their own health and wellbeing.

This has been so successful, with a waiting list for their workshops, that we have arranged for them to double their attendance this term.

Therefore, I have great pleasure in accommodating the tutors and I have every reason to endorse Academy of Life and recommend it to other organisations.

Kate Hamill

Recovery College Manager